

## What will clients be able to do at *Pathways to Independence?*

- Establish a service plan that identifies goals appropriate to the individual's needs and abilities.
- Receive services that promote wellness, recovery, resilience and independent living.
- Find and maintain affordable housing.
- Access community resources.
- Receive assistance in job readiness.
- Participate in self-help services with peers.
- Access integrated educational services and support to complete high school diploma.
- Receive support and encouragement in the pursuit of higher education.
- Access help with securing appropriate benefits.
- Receive supportive services if emancipating from Foster Care or from Juvenile Hall.
- Develop a network of family and friends.
- Combine substance abuse and mental health services in a single service plan.



### *Pathways to Independence*

TAY Center

825 East St. Ste 123

Woodland, CA 95776

(530) 668—6765

Office Hours:

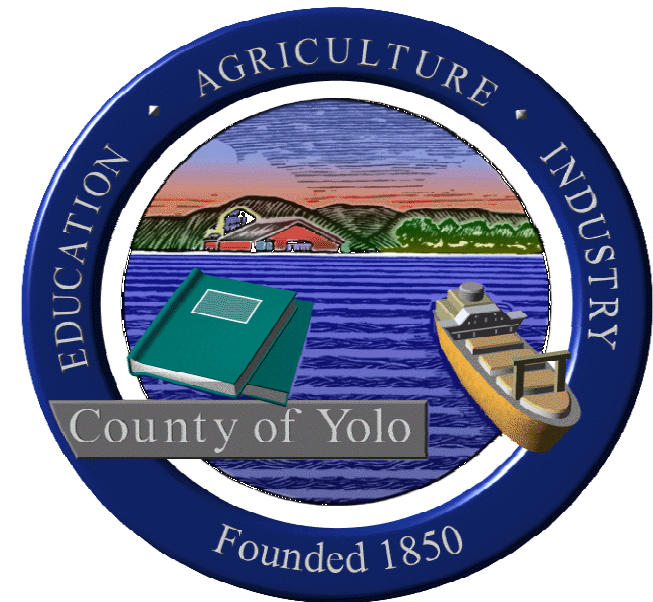
Monday—Friday

10am—5pm

## *Pathways to Independence*

For

Transition Age Youth



Proposition 63

Mental Health Services Act

MHSA

## **What is the Mental Health Services Act (Prop. 63)?**

Passed in November 2004 as Proposition 63, the Mental Health Services Act (MHSA)

provides for:

- Expanded mental health services to un-served and underserved individuals.
- Increased funding, personnel and other resources to support county mental health programs.
- Monitored progress toward statewide goals for children, transition age youth, adults, older adults and families.
- Expanding the continuum of prevention, early intervention and service needs.
- Efforts to reduce suicide, incarcerations, school failure or dropout, unemployment, prolonged suffering, homelessness and removal of children from their homes, all of which may result from untreated mental illnesses.

## **What is *Pathways to Independence* for Transition Age Youth?**

*Pathways to Independence* is a program that provides community services to un-served and underserved Yolo County youth aged 16 to 25 coping with serious mental illnesses.

### **What is the Primary Focus of *Pathways to Independence*?**

- To strengthen and enhance the independence and well being of at risk youth ages 16—25.
- To provide young adults with comprehensive community mental health services that are voluntary, client-directed, strength-based, built on principles of recovery and resilience, delivered responsively and respectfully in the community in a manner sensitive to the cultural needs of the individual served.

## **Who will benefit from *Pathways to Independence*?**

- Youth aged 16—25 diagnosed with serious mental illnesses such as: Major Depression, Bipolar Disorder or Schizophrenia or students classified as “Emotionally Disturbed.”
- Emancipating foster youth with mental health treatment needs.
- Homeless youth with serious mental illnesses.
- Youth with mental health treatment needs who will emancipate from detention in Juvenile Hall.
- Youth diagnosed with a mental illness, who are underserved, and at-risk of hospitalization.
- Youth with serious mental illness who are also members of ethnic or cultural groups identified as under-represented or underserved in Yolo County.